

PRIMARY MENUS from November 2020 Athersley North

Week Commencing: 4.1.21, 18.1.21, 1.2.21, 22.2.21, 8.3.21, 22.3.21

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Cheese Pizza and Wedges (v)	Spaghetti Bologanise Crusty Roll	Chicken Fillet Stuffing Mash Potatoes Yorkshire pudding	All Day Breakfast	Fish or salmon Fingers Chips
Accompaniments Seasonal Veg	Sweetcorn Garden Peas	Mixed vegetables	Cauliflower Carrots Gravy	Baked Beans Hash Browns	Garden Peas Carrots
2nd Course	Yoghurt	Fruit muffin	Chocolate Sponge Cake	Raspberry Bun	Fruity Friday
Filled Jacket Potato or Savoury Tray	Jacket Potato with Hot or Cold Filling (V)	Jacket Potato with Hot or Cold Filling (V)	Jacket Potato with Hot or Cold Filling (V)	Jacket Potato with Hot or Cold Filling (V)	Jacket Potato With Hot Or Cold Filling (V)

All meals are freshly cooked in the schools own kitchen.

All meat is fresh and UK sourced from farms within the region.

All homemade desserts have a reduced sugar content. (HM)

A selection of wholemeal and best of both bread available daily.

With the exception of chips, our food is cooked using oven baking and steaming methods.

Water is available each day.

We use seasonal fruits & vegetables. As well as vegetarian meal of the day, a vegetarian alternative is available. (V)

PRIMARY MENUS From November 20 Athersley North

Week Commencing: 11.1.21, 25.1.21, 8.2.21, 1.3.21, 15.3.21

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Calzone Pizza	Chicken pasta bake	Southern Style Burger In Wholemeal Bread roll Roast potatoes	British Oven Baked Pork Sausage Yorkshire Pudding Creamed Potato	Fish or salmon fingers, Chips and ½ bread slice
Accompaniments Seasonal Veg	Baked Beans Crudites	Sliced Carrots Garden peas	Sweetcorn Tossed salad	Broccoli Cauliflower Gravy	Garden Peas Baton Carrots
2nd Course	Yoghurt	Raspberry Muffin	Fruit Sponge Cake(HM)	(HM) Cookie	Fruity Friday
Filled Jacket Potato Savoury Plate	Filled Jacket Potato with Hot or Cold Filling (V)	Filled Jacket Potato with Hot or Cold Filling (V)	Hot Filled Jacket Potato with Hot or Cold Filling (V)	Filled Jacket Potato with Hot or Cold Filling (V)	Filled Jacket Potato with Hot or Cold Filling(V)

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