

PE Vocabulary Progression- Bold words are progressive throughout, red words are new progressive words

	EYFS	KS1 (cycle A)	KS1 (cycle B)	LKS2 (cycle A)	LKS2 (cycle B)	UKS2 (cycle A)	UKS2 (cycle B)
Dance	mirroring,	motif, choreography , unison, canon , mirroring,	motif, choreography , unison, canon , mirroring, co-ordination , compose	Choreography repeat, canon , patterns, compose , co-ordination , improvise, sequence , precision , control, stimuli, dynamics , rhythm,	choreography repeat, canon , patterns, compose , co-ordination , improvise, sequence , precision , dynamics , rhythm, spatial awareness , accuracy , control,	Choreography , repeat, canon , patterns, compose , co-ordination , actions, sequence , precision , expression , dynamics , control, spatial awareness , technique , stimulus , levels, timing, rhythm, accuracy , transitions , evaluate	Choreography , repeat, canon , patterns, compose , co-ordination , actions, sequence , expression , dynamics , control, spatial awareness , flexibility , technique , stimulus , levels, pace , timing, rhythm, accuracy , fluency , transitions , motif , precision , evaluate
Gymnastics	direction balance	direction , speed, balance , stretch, jump, springboard	direction , speed, balance , stretch, jump, pike , tuck , star , straight, springboard	direction , speed, level , actions, shape, balance , control , turns, jumps, tuck , pike , star , straddle , leap, chassis, evaluate	direction , speed, level , actions, shape, balance , control , co-ordination , turns, jumps, vault , balance , tuck , pike , star , straddle , leap, chassis, evaluate	sequence , direction , speed, level , actions, shape, balance , control , co-ordination , turns, jumps, vault , balance , flexibility , tuck , pike , straddle , star , leap, stag, chassis, technique , evaluate	sequence , direction , speed, level , actions, shape, balance , control , co-ordination , turns, jumps, vault , balance , flexibility , tuck , pike , straddle , leap, stag, chassis , technique , evaluate , contrast
invasion games	competitive	underarm , overarm , dodging, competitive	underarm , overarm , attacking , defending , marking, dodging, competitive	Underarm , overarm , distance , control, accuracy , attacking , defending ,	Underarm , overarm , accuracy , distance , hand-eye co-ordination , stationary , fluency, possession , attacking , defending ,	Underarm , overarm , overhead , dribble , accuracy , possession , tactics , attacking , defending , stationary , distance , control,	Underarm , overarm , technique , overhead , dribble , accuracy , possession , tactics , attacking , defending , distance , stationary , hand-eye coordination evaluate , effectiveness .
Invasion net and wall	competitive,	, underarm , overarm , dodging, coordination, competitive,	striking , sending, receiving, underarm , overarm , accuracy, control, fluency, marking , dodging, coordination, competitive, technique	striking , underarm , overarm , technique, marking , distance, control, attacking , defending .	striking accuracy , control, underarm , overarm , rally , hand-eye co-ordination , stationary, fluency, technique, attacking, defending, evaluate,	technique , overhead , accuracy , striking , underarm , overarm , possession, tactics, attacking, defending, evaluate, effectiveness	technique , backhand , strokes , overhead , rally , accuracy , possession , tactics , attacking , defending , evaluate, effectiveness.
Athletics	speed , obstacle	stride, length, speed , obstacle , compete	stride , length , speed , obstacle , technique, accuracy, compete	stride , length , speed , obstacle , technique, sprint, technique, pace , stamina , control, accuracy, relay , baton	stride , length , speed , obstacle , sprint, technique, pace, adjust , combine , stamina , control, accuracy , relay , baton	stride , length , speed , obstacle , sprint, reaction , accelerate , adjust , combine , pace, distance, technique, control, accuracy , relay , composition, evaluate	stride , length , speed , obstacle sprint, reaction , accelerate , pace , distance, technique , control, accuracy , relay , composition , tactics, evaluate
Outdoor Adventurous Activities	Communication , team building , cooperation, problem solving	Communication , team building , cooperation, problem solving	Communication , team building , cooperation , problem solving	Communication , team building , cooperation , problem solving orientate , accuracy, features, key , map	Communication , team building , cooperation , problem solving orientate , accuracy, features , key , map , challenge .	Communication , team building , cooperation , problem solving orientate , accuracy , challenge, navigation , map , key , compass , feedback,	Communication , team building , cooperation , problem solving orientate , accuracy , challenge, navigation , map , compass , feedback, evaluate , effectiveness . modify