

	R	Y1	Y2	Y3	Y4	Y5	Y6
Being me in the world	special, safe, proud, consequences, choices	special, safe, rights, responsibilities, belong, proud, achievement, consequences, choices	special, hopes, fears, worries, rights, responsibilities, rewards, consequences, safe, fair, cooperation	special, value, self worth, welcome, goals, achievements, positive, challenge, sad, scared, worried, emotions, rules, responsibilities, actions, choices rewards, consequences, cooperation, point of view	special, attitudes, actions, difference, include, exclude, welcome, valued, school community, outcome, democracy, charter, empathy, motivate, consequence, behaviour, voice	special, challenge, positivity, personal goal, hopes, empathy, rights, responsibilities, citizen, actions, choices, rewards, consequences, function, democracy, voice	special, goals, fears, worries, welcomed, valued, universal rights, wants, needs, local, global, rights, responsibilities, democracy
Celebrating Differences	same as/ different from, friends, special	similarities, differences, same, bullying, friends, special, unique	stereotypes, different, similar, assume, bullying, right and wrong, special, unique	family, different, same, important, care, conflict, bullying, witness, problem solve, hurtful, compliments	appearance, judge, judgmental, influence, bullying, special, different, same, tolerance, assumption, acceptance, question, target. Witness, unique, impression	cultures, racism, rumours, conflict, attitudes, direct, indirect, support, happiness, material wealth, respect	normal, abnormal, disability, perception, power, excluded, badly treated, bullying, appreciation, empathy, conflict
Dreams and Goals	choice, actions, consequences, feelings	success, achievement, goal, challenge, difficulty, obstacle, celebrate	successes, achievements, pride, perseverance, strengths, cooperation, problem solving, contribution	difficulty, challenge, respect, admiration, obstacles, achievement, dreams, goals, ambition, motivation, enthusiasm, responsibility, frustration, confidence	hopes, dreams, disappointment, achievement, reflection, experience, cope, resilient, positive attitude, challenge, success,	dreams, aspirations, ambitions, earnings, wage, salary, motivation, opportunities, appreciation, future, reflection, similarities, differences, peers	personal goal, strengths, challenge, realistic, boundaries, problems, emotions, empathise, motivation, inner values, admiration, praise, compliment
Healthy Me	helping, kind, resilient	healthy, unhealthy, clean, germs, disease, medicines, safe	healthy, unhealthy, relaxed, stressed, anxious, weak, strong, medicines, protein, carbohydrates, fats, calcium, energy, nutrition	exercise, heart, lungs, organs, fitness challenge, drugs, medicines, safe, unsafe, worried, anxious, scared, harmful, substance, complex, respect	dynamics, friends, smoking, tobacco, alcohol, healthy, embarrassed, hurt, inadequate, emotions, impact, leader, follower, shame, guilt, pressure, assertive, liver, anxiety, peer pressure, right and wrong, inner strength	smoking, tobacco, lungs, heart, liver, effects, informed decision, pressure, risks, issues, anti social behaviour, emergency, calm, media, celebrity culture, body type, body image, respect	impact, energy, comfort, mood, physical, emotional, drugs, liver, responsible, anti social, misuse, emergency, emotionally well, mental health, stressed, under pressure
Relationships	feelings, challenge, resilience	family, important, good friend, physical contact-touch, safe, unsafe, help, special	family, relationship, values, physical contact, hugging, cuddles, kiss, conflict, argument, resolution, secret, appreciation, trust, special, comfortable, safe	role, responsibility, expectations, friendship, skills, negotiation, conflict, worried, concerned, influence, choice, needs, rights, empathy, appreciate	relationship, love, loss, grief, memory, celebrate, closest, distant, belong, special, remember, opinion	accurate, characteristics, personal qualities, self esteem, negotiation, compromise, attraction, pressure, jealousy, risky, harmful, safe, unsafe	significant, special, loss, bereavement, grief, power, control, responsibility, wellbeing, safety
Changing Me	Family, relative	life cycle, animal, human, changes, growth, same, body, different, penis, testicles, vagina, private	life cycle, old, young, growing, differences, penis, testicles, vagina, breast, private, safe, unsafe, touch, confident	animals, humans, change, conception, female, male, uterus, live, grow, stereotypes, challenge, feelings	unique, characteristics, birth, egg, sperm, human being, internal, external, choice, menstruation, periods, physical changes, emotional changes, puberty, fears, concerns, reflection.	self image, self esteem, puberty, sexual intercourse, conception, IVF, teenager, consent	self image, self esteem, puberty, conception, physical attraction, teenager, transition