

Spring 2

Y3

Theme: Healthy Me



Vocabulary	Definition
Healthy	In a good physical or mental condition; in good health.
Unhealthy	Not having or showing good health. Your body is not in the best condition it could be.
Active	Engaging or ready to engage in physically energetic pursuits or physical exercise.
Drugs	A medicine or other substance which has a negative effect when ingested or otherwise introduced into the body.
Feeling Safe	Feeling happy, calm and relaxed in the company of other people or in the place you are.
Medicines	A drug or other preparation for the treatment or prevention of disease.
Harmful substances	A harmful liquid or substance that if swallowed can severely hurt you or even cause death.

