

Spring 2

Y4

Theme: Healthy Me



Vocabulary	Definition
Friendships	Friendship is two or more people who support each other through life. Friends support each other through the challenges of life and share their life experiences. The definition of a friend is someone who has your best interest at heart.
Friendship Roles	People take on different roles in friendship groups including leader, follower, supporter etc.
Smoking	The action or habit of inhaling and exhaling the smoke of tobacco by sucking on the end of a lit cigarette, cigar, pipe, etc.
Organs	A part of your body that carries something out. This could be your heart, lungs, brain, liver or skin.
Alcohol	A liquid which is produced by the natural fermentation of sugars including wine, beer, spirits, and other drinks. Don't drink too much alcohol as it can damage your liver.
Peer Pressure	Being influenced from members of your own friendship group
Assertive	Having or showing a confident and forceful personality without hurting anyone

